**Edinburgh International Trauma Instructional Course 2020**

### Instructional Course 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>9.00</td>
<td>Registration and Coffee</td>
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</tr>
<tr>
<td>10.00</td>
<td><em>Principles of fracture fixation</em></td>
<td>S Molyneux</td>
</tr>
<tr>
<td>10.15</td>
<td>Fracture healing</td>
<td>C Arthur</td>
</tr>
<tr>
<td>10.30</td>
<td>Plating</td>
<td>T White</td>
</tr>
<tr>
<td>10.45</td>
<td>Nailing</td>
<td>A Maclean</td>
</tr>
<tr>
<td>11.00</td>
<td>Ex-fix and frames</td>
<td></td>
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<tr>
<td>11.30</td>
<td><em>Major Trauma and Resuscitation</em></td>
<td>P Bates</td>
</tr>
<tr>
<td>11.45</td>
<td>Code Red</td>
<td>H Vallier</td>
</tr>
<tr>
<td>12.00</td>
<td>ETC vs DCO vs EAC</td>
<td>T White</td>
</tr>
<tr>
<td>12.15</td>
<td>On-call emergencies</td>
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<tr>
<td>13.00</td>
<td>Lunch</td>
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<tr>
<td>14.00</td>
<td>Anatomy Department</td>
<td>S Molyneux</td>
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<tr>
<td>14.00</td>
<td>FRCS Viva Session</td>
<td>J Keating</td>
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<tr>
<td>17.30</td>
<td>Close</td>
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9.00</td>
<td><em>Shoulder</em></td>
<td>I Brown</td>
</tr>
<tr>
<td>9.15</td>
<td>Clavicle, SCJ and ACJ injuries</td>
<td>J Reid</td>
</tr>
<tr>
<td>9.25</td>
<td>Shoulder dislocations</td>
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<tr>
<td></td>
<td>Cases</td>
<td>L Van</td>
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<tr>
<td>9.45</td>
<td><em>Humerus</em></td>
<td>Rensburg</td>
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<tr>
<td>9.55</td>
<td>Proximal humerus fractures</td>
<td>P Jenkins</td>
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<tr>
<td>10.05</td>
<td>Humeral shaft fractures</td>
<td>J Reid</td>
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<tr>
<td>10.15</td>
<td>Distal humerus fractures</td>
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<tr>
<td>10.45</td>
<td>Coffee</td>
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<tr>
<td>11.00</td>
<td><em>Elbow</em></td>
<td>J Reid</td>
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<tr>
<td>11.10</td>
<td>Terrible triad and elbow dislocation</td>
<td>P Jenkins</td>
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<tr>
<td>11.25</td>
<td>Forearm fractures</td>
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<tr>
<td></td>
<td>Cases</td>
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</tbody>
</table>
12.10  *Hand and Wrist*  
*Infections in the Hand*  
J McEachan

12.20  
*Carpal fractures and dislocations*  
A Duckworth

12.30  
*Metacarpal and phalangeal fractures*  
J McEachan

12.40  
*Distal Radius*  
S Molyneux

12.50  
*Cases*

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13.30  
*Lunch*

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14.10  *Paediatric UL*  
*Growth plate injuries*  
K Bugler

14.20  
*Elbow fractures*  
D Perry

14.30  
*Forearm fractures*  
C Bruce

14.40  
*Cases*

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15.10  
*Coffee*

---

15.30  *Paediatric LL*  
*Hip injuries*  
D Perry

15.40  
*Femoral fractures*  
E Baird

15.50  
*Knee and tibial injuries*  
C Bruce

16.00  
*Ankle fractures*  
K Bugler

16.10  
*Cases*

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17.00  
*Close*

<table>
<thead>
<tr>
<th>Thursday</th>
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</table>
| 9.00  *Hip*  
9.10  *Intracapsular neck of femur fractures*  
9.20  *Extracapsular neck of femur fractures*  
9.30  *Cases*  
| 10.00  *Femur*  
10.10  *Distal femoral fractures*  
10.20  *Periprosthetic fractures*  
10.30  *Atypical and pathological fractures*  
10.40  *Cases*  

11.15  *Coffee*

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11.30  *Knee and tibia*  
*Compartment syndrome*  
T White

11.40  
*Knee dislocation and ligament injuries*  
M Blyth

11.50  
*Tibial plateau fractures*  
J Keating

12.00  
*Tibial diaphyseal fractures*  
M Kelly

12.10  
*Cases*
12.40    Lunch

13.20    Ankle and Foot  
Pilon fractures  
A Amin

13.30    Ankle fractures  
C Arthur

13.40    Calcaneal fractures  
A Amin

13.50    Talar fractures  
J Keating

14.10    Midfoot and forefoot fractures  
S Middleton

14.20
Cases

15.00    Breakout
Breakout
A: Drybone workshop S&N  
S Molyneux +

Breakout
B: CBD - The limping child  
E Baird

Breakout
C: FRCS viva session  
J Keating

15.35    Coffee

16.15    Lister Lecture

17.00    Drinks reception

Friday

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>9.00</td>
<td>Spine</td>
<td>Biomechanics of spinal injury</td>
</tr>
<tr>
<td>9.25</td>
<td>Cervical fractures</td>
<td>S Khan</td>
</tr>
<tr>
<td>9.40</td>
<td>Thoracolumbar fractures</td>
<td>A Baker</td>
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<tr>
<td>9.50</td>
<td>Discussion</td>
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</tbody>
</table>

10.00    Coffee

Open fractures/limb reconstruction

10.30    Principles of treatment  
M Kelly

10.40

10.50    Soft tissue coverage  
L Lancerotto

11.00    Treating missing bone  
A MacLean
Cases

11.40    Break

12.10    Pelvic and sacral fractures  
T White

12.20    Acetabular fractures  
P Bates

12.35    Cases

13.00    Close